



Fuel Your Adventure



PREP TIME
10 mins



CHILLING TIME
1 hour



TOTAL TIME
1 hour 10 mins



SERVES
20

INGREDIENTS

- 1½ cups whole rolled oats
- 1 cup creamy natural peanut butter
- ¼ cup ground flaxseed
- ¼ cup honey
- 2 scoops protein powder, ¼ cup
- 1 teaspoon vanilla extract
- 6 tablespoons mini chocolate chips
- Pinch sea salt

No-Bake PROTEIN BALLS

These protein balls are a great boat snack for families! They're delicious, made with peanut butter and chocolate chips, and easy to make in one bowl.



INSTRUCTIONS

- 1 In a large bowl, mix together the oats, peanut butter, flax, honey, protein powder, vanilla, and chocolate chips. The mixture will be thick.
- 2 Use a 2-tablespoon cookie scoop to scoop the mixture, then use your hands to roll it into balls.
- 3 Chill in the fridge for 1 to 2 hours, or until firm.
- 4 The protein balls keep well in the fridge for up to a week. They also freeze well.

